

FREE CYCLE MAINTENANCE TASTER SESSIONS



Have ever been caught out with a puncture on your bike?
Do you have a weird squeak coming from the gears?

What you need is a basic **Cycle Maintenance Course**

Travel Plan Plus is organising taster sessions at the Cambridge Science Park Innovation Centre during Bike Week (19-27 June 2010). All sessions will be run by Outspoken Training:

Tuesday, 22 June 2010 – **Assessing a Bike's Condition**
(12-1pm, 1-2pm, 4.30-5.30pm)

Wednesday, 23 June 2010 – **Roadside Puncture Repair**
(12-1pm, 1-2pm, 4.30-5.30pm)

Thursday, 24 June 2010 – **Brake & Gear Adjustment**
(12-1pm, 1-2pm, 4.30-5.30pm)

It is FREE, fun and interesting, give it a try?

For more information or to sign-up, email tammy.liu@cambridgeshire.gov.uk

