



Welcome and News Update

There has been much activity since the last update before the Christmas holiday, key events include:

- **Tammy Liu** has joined the Travel Plan Plus team as the new **full-time Senior Administrator**.
- The **Travel Plan Safari** was held on 27 January 2010 with great success.
- The **TP+ Steering Group** met at NAPP on 2 February 2010.
- The **Cambridgeshire and Peterborough Travel Plan Awards** were held at the SmartLife Centre on 19th January 2010 and TRAVEL PLAN PLUS employer **Taylor Vinters** received an award.

Travel Plan Plus is a project to assist the commuters of the Cambridge Business Park, Cambridge Science Park, Cambridge Regional College, St John's Innovation Centre and Taylor Vinters Solicitors. A web site is being developed. In the meantime all the latest news on the project can be found at www.tfw.org.uk/tpplus.php.

Come on, CamShare! in March

Prizes are up for grabs in March with **CamShare** - the County's FREE online car and cycle journey share scheme. CamShare links people to share a journey to work. By **car sharing just once a week congestion would be cut by 20%!** And sharing the driving gives you opportunity to sit back, relax, have a nice conversation or read a book while you both save money. And sharing a cycle journey with someone who knows the way takes the stress out of cycle commuting. With over **2,000 members on CamShare** it's even more likely you will find a good car or cycle share match.

Go on, try going without the hassle of finding your keys, defrosting your car and spending precious time looking for that prime parking spot - and book that extra holiday with your savings!

There will be **TWO CamShare prize draws** in March. The two events will run side by side and will give car and cycle commuters double the opportunity to win!

- The first Draw will be for all those who log-on/register on www.camshare.co.uk, search AND contact a possible match during the month of March
PRIZES! First prize – **FREE car valet service at your workplace**

(continued overleaf)

Meet the Travel Plan Plus Team



Gary Armstrong
TP+ Coordinator



Tammy Liu
TP+ Sr Administrator

Taylor Vinters at the Travel For Work Awards
Taylor Vinters were honoured with a **Certificate of Commitment** at the Travel for Work Awards Ceremony held on 19th January 2010. This certificate recognises employers that are committed to develop a travel plan. Jane Isaacson accepted the award given by Shaun Spiers, the Chief Executive of the Campaign to Protect Rural England. The TP+ team will be helping Taylor Vinters achieve the Certificate of Development next year. Congratulations from Travel Plan Plus!



Other prizes - **£30 John Lewis Voucher**,
TfW branded emergency car pack

- At the same time there will be a prize draw for those who ARE or WILL BE sharing their journey. To qualify car sharers and cyclists need to register their shared bike journey or car share journey in a 'BUDI' team at www.camshare.co.uk.
PRIZE! Each member within the winning 'BUDI' team will receive **£10 Halfords gift voucher**.

Prize winners will be drawn early April 2010.

Employers: Do promote these Prize Draws to your staff using our **editable posters**, see <http://www.tfw.org.uk/news.php#camshareprize>. Also ask to **borrow our free standing CamShare banner**.

Also on the www.tfw.org.uk website are instructions for how to set up CarShare and Cycle BUDI teams. Contact Tammy on 01223 437052 with any questions.

Good luck!

Travel Plan Safari Success

On 27th January, the Travel Plan Safari was held at the St John's Innovation Centre. Over 20 employers were represented at this event, with everyone walking away with a bit more information on sustainable transport. Mike Salter, Head of Transport Planning for EEDA gave a presentation on future CO2 emissions and reported startling financial costs if trends were not to change.

There were facilitators present to discuss Public Transport, Cycling, Car Sharing, Flexible Working, Train and Eco & Safer Driving. Delegates were able to visit four areas of their choice and to discuss how taking on other forms of transport could benefit employees and employers.

"Yes, the event was very useful. I have signed up for the Road Safety course already" - Jim Sutcliffe, Takeda Ltd.



Bikeability - Adult Cycle Training

The holidays are over, and your diet to rid yourself of that extra weight has just started. Begin cycling to work and you'll find yourself getting fit and those pesky pounds will melt off in no time. If you need a refresher or are a beginner, try Adult Cycle Training.



Tammy is going Adult Cycle Training!

I thought it would be a breeze to get back on my bicycle. I've been riding since I was 5 years old, how hard could it be?

Well, the experience in riding my kid bicycle in the quiet suburbs of California is drastically different from cycling in Cambridge city centre. As a child I didn't need to signal because cars were only going 5mph on my street and helmets were a fashion faux pas!

Cycling has now become part of my life again and I've signed up for the Bikeability-Adult Cycle Training for only £5 and I'll be meeting my trainer, John Stanley this week. I've got my lucky red helmet; wish me luck and check out the next newsletter to see how I got on.

Tammy Liu

To sign up for an hour of Adult Cycle Training or for a group session (£5 each person), please visit

<http://forms.cambridgeshire.gov.uk/customer/servelet/ep.app?ut=X&type=264622> to the online booking form or email Simon.Haydn@cambridgeshire.gov.uk

What's BUGing Travel Plan Plus?

In March, the Travel Plan Plus team will be setting up a **Bicycle User Group (BUG)** We are looking for enthusiastic cyclists to help us getting even more people cycling to the area. If you are interested in joining or want to get more information, please let us know.

New Discounts!

National Express and First Capital have introduced the Carnet discount scheme. You get **10 journeys for the price of 9** with Carnet.

For more information, please visit:

<http://www.firstcapitalconnect.co.uk/Main.php?iCmsPageId=485>

Speeding on the Science Park Ring Road

Either cutting through Science Park to avoid congestion or late for work, everyone has their reasons for driving faster than the legal **speed limit of 30mph**.

A speed survey has shown that **45%** of drivers are **exceeding 35mph (some were doing over 60mph!)**. Police Community Support Officers, Thomas Eke and Louise Walbank, attended the January TP+ Steering Group meeting and reported that many people may not be aware of the 30 mph speed limit.

In the coming weeks **more speed checks** will be performed throughout the park. Driving slower and safer, will save on petrol, CO2 emissions and prevent yourself from getting a ticket.

For information on Road Safety, please visit:
<http://www.cambridgeshire.gov.uk/transport/safety/education/work+related+road+safety.htm>

Did You Know?

Employees based at Cambridge Science Park, St John Innovation Park, Cambridge Business Park Cambridge Regional College Taylor Vinters and Cambridge Regional College (TP+ Area) are **automatic members of the Travel for Work Partnership**.

Not only does this mean access to services such as assistance for employers in creating a Travel Plan, but also all commuters get **special discount on bicycles, bicycle accessories and train tickets**.

For a full list all discounts available, please visit:
<http://www.tfw.org.uk/services.php#Discounts>

TfW Newsletter

The February issue of the Travel for Work Partnership newsletter is out.

<http://www.tfw.org.uk/documents/EnewsletterIssu024.pdf>



Employers - Your views wanted

Cambridgeshire County Council is consulting on the new Local Transport Plan - LTP3. This will plan for the future transport and infrastructure needs of the County from 2011 – 2016 and over the next few weeks is the moment for business to have its say.

The Council is holding information exhibitions across the County in February and March and everyone is encouraged to attend. To find out about these exhibitions and to complete a questionnaire on-line see www.cambridgeshire.gov.uk/ltp The closing date for your responses is 9 April 2010.



TRAVEL PLAN PLUS CONTACTS

We would welcome any ideas or issues you have about commuting to the TP+ Area, so please feel free to email gary.armstrong@cambridgeshire.gov.uk or tammy.liu@cambridgeshire.gov.uk or give us a call at 01223 437052/437053

With support from:

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