





Anglia Ruskin  
University

Cambridge & Chelmsford



Your green  
guide  
to Anglia  
Ruskin



[www.anglia.ac.uk/environment](http://www.anglia.ac.uk/environment)

## Introduction

Anglia Ruskin University is firmly committed to sustainability and we are conscious of our impacts on the environment. One of our core values is to ensure that concern for a sustainable environment informs every aspect of what we do.

These are just some of the initiatives we have introduced:

- Our prospectuses are now personalised and the print run of our traditional hard back prospectus has been reduced by 30,000 copies.
- You can sell your text books at our bookshop on our campus after you have finished your course.
- You can buy a reusable travel mug at selected restaurants on campus and save money every time you buy a hot drink.

We have been awarded the Carbon Trust Standard by reducing our carbon footprint and showing we are committed to reducing it year on year. Our Environmental Management System is certified to the internationally recognised ISO 14001 standard and we are one of a handful of universities to have achieved this award.

We have also maintained a first award for environmental performance for the third year in a row keeping us in a top ten position out of over 100 Universities in the People and Planet green league. Click: [www.peopleandplanet.org/green-league-2009](http://www.peopleandplanet.org/green-league-2009)

Come behind the scenes to see what we are doing and how you can get involved when you start your course/study with us. Click: [www.anglia.ac.uk/environment](http://www.anglia.ac.uk/environment)

## Travel

### Reduce your carbon emissions and save money

We are committed to reducing the environmental impact of traffic travelling to our University.

Currently road transport accounts for about 25% of the UK's CO<sub>2</sub> emissions. We have a Travel Management Plan (TMP) which provides information, support and guidance for all our students, staff and visitors so that together we can reduce our carbon footprint.

Our campuses reflect environmental values and we encourage 'green' thinking throughout our University. As we do not have any student parking (other than for those with a disability) available on our Chelmsford and Cambridge campuses, we actively discourage students

from travelling by car, and we encourage utilisation of the variety of public transport options available. (Please note that some car parking in Chelmsford is available for all students on campus during weekday evenings after 6pm, at weekends and Bank Holidays.)

There are discounts on train and bus travel and we also promote safe cycling and offer cycle training sessions. We hope our TMP has something from which you can benefit.

Click: [www.anglia.ac.uk/travel](http://www.anglia.ac.uk/travel)

Click: [www.anglia.ac.uk/carshare](http://www.anglia.ac.uk/carshare)

## Energy

### Switch off

To reduce our energy and water use we have a rolling programme to install sensors on lights, dual flush toilets, waterless urinals and

Dyson air blade hand driers. We are upgrading buildings through our maintenance regime and designing new buildings to be as energy efficient as possible. We have also launched a staff energy campaign to reduce energy use in our offices and classrooms.

In our University Halls we take part in the National Student 'Switch Off' competition, where Halls of Residence compete against each other to reduce their energy use over the year. Prizes are awarded throughout the year to those doing well in the competition and who sign up as 'eco power rangers' and pledge to encourage their flatmates to be greener. An end of term party is held for the winning hall that save the most amount of electricity.

Click: [www.anglia.ac.uk/energy](http://www.anglia.ac.uk/energy)

## Waste/Recycling

### Help reduce what we send to landfill

All waste from office and teaching rooms in Chelmsford is zero landfill, as recycling and segregation is done on-site and at the waste depot. We encourage the use of the correct bins to reduce costs.

We introduced a 'Bin the Bin' campaign in our Chelmsford open plan offices, and replaced all desk side bins with communal recycling points around the office. We are working towards a similar initiative for our Cambridge offices.

Around our campus we have recycling facilities for paper, cans, plastic bottles and glass. We also provide recycling facilities in most of our University Halls. Please use the recycling facilities where available and use our student *A to Z recycling guide* found on our website. This also contains information on how to recycle any items you don't wish to take home at the end of the year.

Click: [www.anglia.ac.uk/waste](http://www.anglia.ac.uk/waste)

## Fairtrade

### Support Fairtrade

We have been awarded Fairtrade status and we serve a variety of Fairtrade items in our restaurants and vending machines. We have several Resource cafes that sell 'triple certified' (Fairtrade, Soil Association and Rainforest Alliance) products. A percentage of their sales goes towards saving the rainforest and the containers used in these outlets are also biodegradable.

Click: [www.anglia.ac.uk/fairtrade](http://www.anglia.ac.uk/fairtrade)

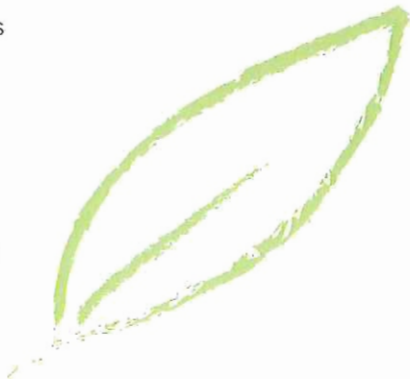
## Biodiversity

### Encourage biodiversity

We seek to improve biodiversity on campus and are working towards a biodiversity action plan.

Where possible we adopt a less intensive management regime to encourage native flora and fauna. As our BAP is implemented we aim to increase these areas and signpost them accordingly.

We have recently improved and reopened the Millpond on our Chelmsford campus, which is both an important ecological habitat for the area and a site of local historical importance. There is a seating area enjoyed by both staff and students.



## Environment Team

If you have any questions, queries or suggestions, please don't hesitate to contact us;

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Click: [www.anglia.ac.uk/environment](http://www.anglia.ac.uk/environment)

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Click [www.anglia.ac.uk](http://www.anglia.ac.uk)

Email [answers@anglia.ac.uk](mailto:answers@anglia.ac.uk)

Call 0845 271 3333



## Did you know...?

- Turning your thermostat down by 1°C could reduce your heating bill by up to 10%.
- An energy saving light bulb can last up to 10 times longer than an ordinary bulb.
- A dripping tap can waste as much as 75 litres of water per day.

## Our top 5 tips...

- Only use as much water as you need when filling a kettle.
- Turn off appliances when not in use and do not leave them on standby.
- Unplug phone and laptop chargers when not in use as they still draw power when left plugged in.
- Turn off the lights when you leave a room or if they are not needed.
- Try to dress for the weather rather than overheating or cooling rooms. Close blinds in summer to keep cool and do not leave doors open in the winter.



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